
Personal Presentation

Part of Christian ministry or any communication process is the non-verbal language which often speaks louder than our words. Communication is a process in which the medium is very much the message. Our personal presentation - how we 'come across' to others - is an important facet in building strong rapport and enhancing our communication. At one level it sounds trivial and petty, but we can hinder the message by not being aware of negative reactions to our person.

Exercise

To be conscious of how we present to others.

Aims

1. To develop self-awareness in how we 'come across' to people
2. To change where necessary

Trainers

- Observe Apprentices in various contexts to gain some insights into their personal presentation
- Use the grid on following page to discuss issues as needed. Add other areas if necessary.

'Personal Presentation' Assessment Sheet

Area	Good	Needs Work	Action
Dress			
Personal Grooming and Hygiene			
Weight			
Table Manners			
Physical Mannerisms			
Verbal Mannerisms			
Eye Contact			